

2015 Summer Decathlon 5K Race
Frederick, MD
July 1, 2015

First Name	Last Name	Age	Gender	Time
Ted	Poulos	53	M	18:23:00.00
Adrian	Blott	34	M	19:29:00.00
Joe	Basford	36	M	20:27:00.00
Steve	Dobson	54	M	20:42:00.00
John	Way	50	M	20:45:00.00
Malcolm	Senior	64	M	21:05:00.00
Dan	Poppert	44	M	21:09:00.00
Tim	Morgan	64	M	21:26:00.00
Bill	Stahr	54	M	21:46:00.00
Chad	Ahalt	36	M	22:26:00.00
Cassy	Crouse	33	F	22:26:00.00
James	Moreland	62	M	23:15:00.00